



(Updated 1/23/20)

We elevate the mental well-being of youth and children in Lancaster County.

Continuing Education and Training

(Open to the public)

Feb. 4, 2020 (5:30 pm dinner included; 6:00—7:00 pm lecture)

Continuing Medical Education (CME)

Diagnosing and Treating Postpartum Depression/Anxiety

Presented by: Melanie French Stone, MD, and Lindsey DeArment, DO

Location: UPMC Pinnacle – Lititz, Multipurpose Room (use visitor entrance)

Free to attend. RSVP requested (see below).

Category 1A CME Credits available for DOs through Philadelphia College of Osteopathic Medicine

RSVP: lohf.org/training-and-continued-education or call LOHF at (717) 397-8722

March 3, 2020 (5:30 pm dinner included; 6:00—7:00 pm lecture)

Continuing Medical Education (CME)

Recognizing Warning Signs of Anxiety, Burnout, Depression, and Physician Suicide

Presented by: Margaret M. Wilkins, DO, FACOFP

Location: UPMC Pinnacle – Lititz, Multipurpose Room (use visitor entrance)

Free to attend. RSVP requested (see below).

Category 1A CME Credits available for DOs through Philadelphia College of Osteopathic Medicine

RSVP: lohf.org/training-and-continued-education or call LOHF at (717) 397-8722

To learn more

Contact Shanece Bowman, Programs Manager

(717) 397-8722, sbowman@lohfoundation.org, or visit www.lohf.org.