

# CONTINUING MEDICAL EDUCATION (CME)

## ***“A Systemic Approach to Safety Planning for Suicidal Youth and Their Families”***

5:30 pm  
Dinner

*With Lindsy DeArment, DO;  
Breesha Comish, LMFT; and  
Marlene Reiff, LCSW, LMF*

6:00 – 7:00 pm  
Lecture

UPMC Pinnacle – Lititz  
1500 Highlands Dr, Lititz, PA 17543  
Multipurpose Room  
Main Visitor Entrance

### **Tuesday, April 23, 2019 (Part 1)**

- Identifying the ingredients of a comprehensive safety plan
- How to create a safety plan with children and parents
  - Roles in safety monitoring and implementation
  - How to navigate confidentiality
- How to deal with challenging parents

### **Tuesday, May 21, 2019 (Part 2)**

- Once a positive screen shows up, what are the options?
- How to create a safety plan that includes the family
- Understand referrals and levels of care in Lancaster County

**All are welcome. No cost to attend. AOA Category 1A credits offered for DOs**

*Certificates of participation provided for all attendees*

**Sponsored by:**



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