



Lancaster Osteopathic Health Foundation 2019 Internship Opportunities

Majors best served by our opportunities include (but are not limited to):

Communication, Social Work, Sociology, Marketing, Graphic Design, Nursing, Pre-Med, English, Journalism, Social Media Management, Research, Education, Psychology.

About Us

LOHF works to measurably elevate the mental wellbeing of children in Lancaster County. We value caring, collaboration, a whole-person approach, advocacy, and visibility. We provide grant funds, mental health copay assistance, scholarships, and professional development trainings in Lancaster County.

About Our Internships

We offer internships to qualified local college students who possess exceptional communication skills and would like exposure to Lancaster's nonprofit community. These internships may be tailored to specific areas of focus within our work, depending on the student's academic major and areas of interests. **All internships include general and clerical office tasks. Hours are negotiable. Course credit and/or some compensation may be available.**

Start times are flexible, year-round, and based on school calendar.

- **School Year** (Fall and Spring Semesters) - A minimum of 10 hours per week, not exceeding 20 hours per week during Fall and Spring semesters. These hours can be flexible and scheduled to meet the needs of both the LOHF intern and LOHF.
- **Winter/Summer Breaks** A minimum of 20 hours per week, not exceeding 40 hours per week for at least 4 weeks during your school's Winter break and/or for at least 10 weeks during summer. These hours can be flexible and scheduled to meet the needs of both the LOHF intern and LOHF.

Potential Projects (to be determined based on major and areas of interest)

Communication/Marketing/Development Projects

- Assist staff to establish and maintain a social media presence on LinkedIn, Twitter, Facebook, and Instagram.
- Research and write articles for our blog at www.lohf.org, and print and electronic newsletters.
- Graphic Design for social media, collateral materials, flyers, invitations, etc.
- Produce or assist in production of video content for marketing and communications.
- Assist in planning and hosting of event(s) for fundraising, programs, and other events which strengthen our partnerships and donor relationships.
- Attend LOHF community activities and provide necessary assistance.
- Plan outreach events and opportunities to connect with Lancaster City/County communities around topics of children's mental health.

Education/Social Work/Sociology/Health Sciences/Psychology Projects

- Plan Listening Sessions and/or focus groups for community members in Lancaster City/County neighborhoods to inquire about children's mental health needs, experiences, and opportunities for us to learn about what to support.

- Develop additional evaluation questions to ask physicians following our Children’s Mental Health Continuing Medical Education lectures.
- Help us broaden the scope of our existing nursing scholarship program to include scholarships for therapists, counselors, and other mental health providers in Lancaster County.
- Assist us in becoming qualified to offer continuing education credits for more professions (such as nurses, social workers, psychologists, therapists, and counselors) through our Children’s Mental Health Continuing Education lectures.
- Help us plan Grantee Cohort Meetings each fall and spring based on topics of interest to our grant recipients.
- Assist us in data analysis of our existing programs to determine metrics and measures to evaluate, and track program effectiveness, outcomes, and impact.

All internships include administrative support tasks as needed, including but not limited to:

- Scanning and filing documents
- Data entry
- Assistance with mailings
- Copying
- Meeting setup/preparation
- Filing
- Other general office tasks

How to Apply

Interested students should e-mail a current resume and a brief cover letter indicating the specific available project(s) in which you are most interested. E-mail these to Anna Kennedy, Executive Director at akennedy@lohfoundation.org. **The resume and cover letter with project interest are both required.**

Learn more at: www.lohf.org

Join us on [Facebook](#), [Twitter](#), [LinkedIn](#), and [Instagram](#)

Thank you for your interest in helping us measurably elevate the mental wellbeing of children in Lancaster County!