



# 2015

ANNUAL REPORT



**LOHF**  
Financing Resources For Healthier Outcomes



## INTRODUCTION

For over 15 years, the Lancaster Osteopathic Health Foundation (LOHF) has advanced public health and well-being for all children and youth, their parents and caregivers in Lancaster County, Pennsylvania. We partner with physicians and nurses, behavioral health providers, and a diverse community of experts. We improve children's behavioral health services and enhance healthcare providers' knowledge.

Our mission at LOHF is to improve children's behavioral health and strengthen the capacity of our healthcare professionals. We invest in both of these, and we also look for opportunities that do both, like NavWell: Pathways to Wellbeing, our pilot program investment. As we work with primary care practices, we will look for feedback on ways to help primary care providers ensure better access to behavioral health services for children and adolescents. Then, we will offer NavWell to schools, and then finally to parents and families across our Lancaster County community.

We continue to invest in partnerships like our inaugural community grants program and NavWell: Pathways to Wellbeing, and our nurse scholars program to improve children's behavioral health and strengthen the capacity of healthcare professionals in Lancaster County.

Together with you, we can advance mental wellbeing for children and youth in Lancaster County. Together with our partners we can ask tough questions and find innovative solutions that help children and families live healthier, more fulfilling lives.

## BY THE NUMBERS

Each year, we budget to allocate as much as possible to our program funds. We operate on 5% of the assets from a three-year rolling average of our endowment investments, plus the generous contributions of our donors.

Our financial goal is to grow the principal of our endowment so that the community benefit can exist in perpetuity, so that when we accomplish our current goals, we can move on to tackling new community needs for the benefit of Lancaster County residents.

Individual donor contributions allow us to expand our community impact through programs such as nursing scholarships to strengthen the capacity of healthcare professionals in Lancaster County, and the design of our new care coordination system called NavWell: Pathways to Wellbeing which improves children's behavioral health.

We exist to provide a community benefit to Lancaster County from the proceeds of the sale of Community Hospital in 1999. These sale proceeds are invested and actively managed to ensure their ongoing growth so that earnings benefit the Lancaster County community in accordance with our mission.



### INCOME

- Investment Income | \$945,547
- Program Service Revenue | \$17,186
- Contributions and Grants | \$8,681
- Other Revenue | \$2,000



### EXPENSES

- Salaries, benefits, compensations | \$132,875
- Grants and similiar amounts paid | \$104,275
- Other expenses | \$255,411

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Revenue less expenses | \$480,853

Total assets | \$11,603,804

Total liabilities | \$31,739

Net assets or fund balances | \$11,572,065



# THANK YOU

## We thank our generous donors for their support in 2015

Anonymous, United Way Donor Designation

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Drs. Dale Whitebloom & **Anita Darpino**

Ms. Kathleen M. Witwer

**LOHF Board Member** | [ExtraGive 2014](#)

## We thank these organizations for their designated support and grant funding

**United Way of Lancaster County**, collective impact grant in partnership with "Let's Talk Lancaster: changing the conversation about mental health" with Lancaster General Health

**Lancaster Osteopathic Medical Society** for their support of DOs

**Lancaster County School Nurses Association** for their support of school nurse scholars

## We thank the following families for their Bequests, Trusts, and Memorial Gifts

**Haverstick Trust & Royer Trust**

As a local resource for the healthcare community, educators, and families, we strive to help improve the children's behavioral health system. We do this in partnership, collaborating, advocating, listening, and sharing results. We thank our volunteers for their guidance, leadership, and support.

### Our Board of Directors

- Shawn Barron, Secretary
- Alice Baumgart, PhD, Vice Chair
- Carrie Bruey, PsyD, BCBA
- Adam Biuckians, MD
- Lindsi DeArment, DO
- Chris Ginder, CFA
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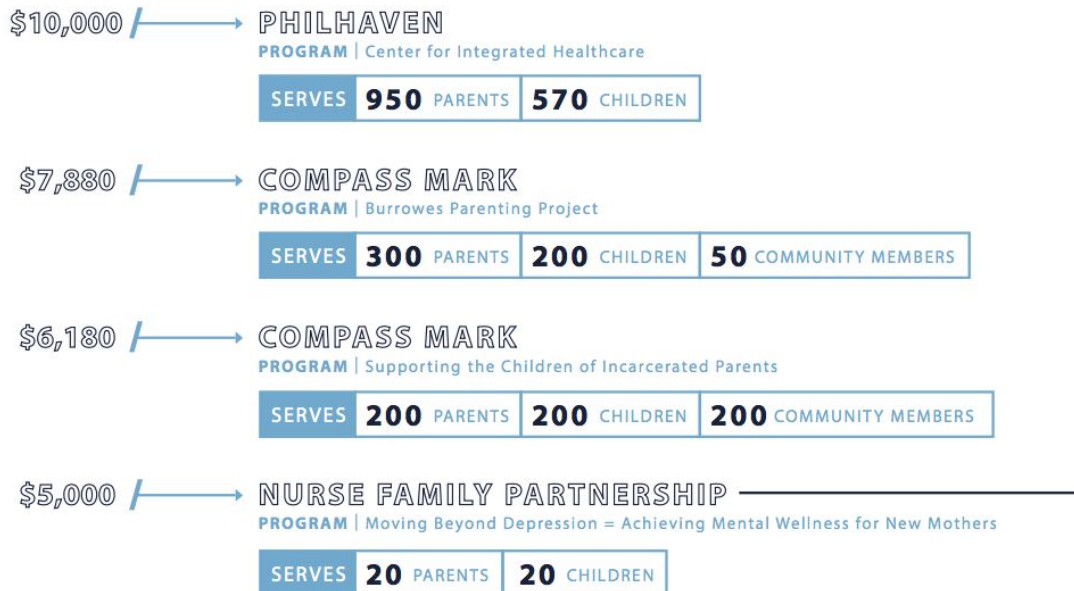
### Our Community Volunteers

- Jennifer Bean, RN
- Sally Craig, DO
- Anita Darpino, DO
- Stacey Denlinger, DO
- Margaret Cook, RN
- Susan Eckert
- Rick Frey, DO
- Beth Grossman
- Paul Herr, DO
- Dean Hoover, CPA
- Jen Kane, BSN
- Kathy Kravitz, JD
- Janeen Maxwell
- Kathy Noll, BSN
- Ali Nolt, RN
- Jeanne Payeur, BSN
- Fran Rodriguez
- Nicole Specht
- Mary Steffy, RN

### Our Staff

- Anna Brendle Kennedy, Executive Director
- Mindy Reighard, Communications Director

## FALL 2015 COMMUNITY GRANTS



# COMMUNITY GRANTS PROGRAM LOGIC MODEL



- Increase access to mental/behavioral health services
- Seamless transition of services for young adults
- Coordinate resources to support families in navigating and accessing care

- Increase competency in addressing children's mental/behavioral needs
- Increase understanding and confidence in parents using strength-based techniques
- Decrease need for care coordination

- Reduce wait times for behavioral healthcare
- Increase number of children who have and utilize health insurance
- Encourage well-child visits and preventative care
- Expand number and frequency of behavioral/mental health screenings in primary care

**Care Coordination**  
Improved delivery of children's behavioral healthcare services

**Family/Caregiver Education**  
Enhanced capacity of parents, families, and caregivers through trainings and support

**Access to Providers**  
Capacity of providers is enhanced in physical health, behavioral health, and education

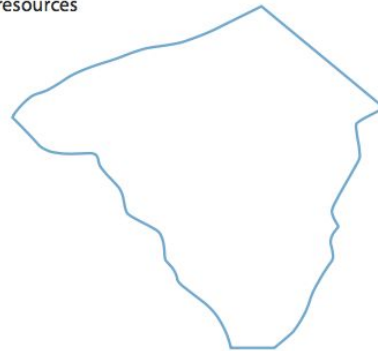
• **Improve Children's Behavioral Health Services**

• **Enhance Healthcare Providers' Knowledge**

• Advance mental wellness of children and youth in Lancaster County by facilitating access, education and coordination of resources

• **Advance Public Health and Well-Being**

• All children and youth in Lancaster County experience mental wellbeing



"I received some really bad news, I started to panic and was ready to go to the Emergency Room, because that is what I always did in the past. Then I saw my Moving Beyond Depression Workbook and remembered what Jennifer and I practiced when I felt this way. I used 2 of the exercises and felt so much better. I knew my Nurse Family Partnership Nurse would be at my house in 30 min and I was able to remain calm until she arrived and helped me. It felt good to have a plan and it worked!"

- From a patient

"I have seen my patient use the techniques learned from Moving Beyond Depression to help her move forward in entering school, getting a job, smiling and engaging with her baby more and just an overall feeling of improved wellbeing."

- From a Nurse

